

Ethical Elegance - Ring Size Guide

Choosing the right ring size is essential to ensure a perfect fit. At Ethical Elegance, we make it simple and accurate for you to measure your ring size at home. Follow the easy strategies below using common household items or refer to the international conversion chart provided.

How to Measure Your Ring Size at Home

Method 1: String or Paper

1. Cut a thin strip of paper or take a piece of string.
2. Wrap it snugly around the base of the finger you want to measure.
3. Use a pen to mark the point where the end overlaps.
4. Unwrap the string or paper and measure the length from the start to your mark using a ruler (in millimeters).
5. Match this measurement to the "Circumference (mm)" column in the charts below to find your corresponding ring size.

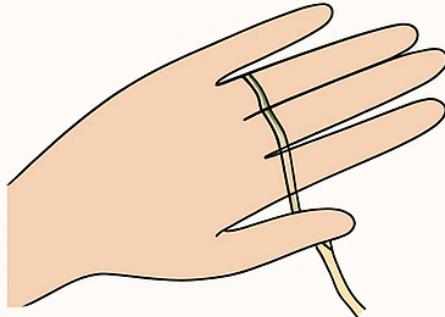
[Image: A hand wrapping a string around a finger to measure for a ring.]

ETHICAL ELEGANCE

Ring Size Guide

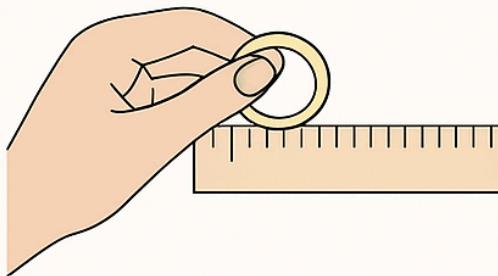
HOW TO MEASURE YOUR RING SIZE

Option One:
Measuring with a String



Wrap string around your finger and mark one overlaps.

Option Two:
Comparing with a Ring



Use a ring on ruler. Place it on a ruler and measure the inner diameter.

AUSTRALIAN RING SIZE CHART

SIZE	DIAMETER (MM)	CIRCUMFERENCE (MM)
J	11.5	19.6
K	11.6	20.0
L	12.0	22.5
M	12.2	23.0
N	12.3	24.0

EXTRA TIPS FOR ACCURACY

Measure the finger at the end of the day when it's largest.
Ensure and string or strip of paper is snug, but not too tight

Method 2: Compare with an Existing Ring

1. Choose an existing ring that fits the intended finger well.
2. Place the ring over a ruler.
3. Measure the internal diameter of the ring from edge to edge in millimeters.
4. Use this measurement and match it to the "Diameter (mm)" column in the charts below.

[Image: A hand holding a ring against a ruler to measure the inner diameter.]

Method 3: Everyday Objects

You can also use other common household items like a ribbon, dental floss, or a twist tie. Just wrap it around your finger, mark the size, and measure it with a ruler.

Australian Ring Size Chart

Diameter (mm)	Size	Circumference (mm)
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15.6	J	49.0
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16.0	K	50.3
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16.4	L	51.6
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16.8	M	52.9
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17.2	N	54.0
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Complete International Ring Size Chart

British / Irish	Australia n	Europea n	US / Canada	Diameter (mm)	Circumference (mm)
F	F	44	3	14.0	44.1
G	G	45.5	3.5	14.5	45.4
H	H	46.5	4	14.9	46.8
I	I	48	4.5	15.3	47.9
J	J	49	5	15.6	49.0
K	K	50	5.25	16.0	50.3
L	L	51.5	5.75	16.4	51.6
M	M	53	6.25	16.8	52.9
N	N	54	6.75	17.2	54.0
O	O	55	7.25	17.6	55.2
P	P	56.5	7.75	18.0	56.5

Q	Q	58	8.25	18.4	57.8
R	R	59	8.75	18.8	59.0
S	S	60	9.25	19.2	60.2
T	T	61.5	9.75	19.6	61.4
U	U	63	10.25	20.0	62.8
V	V	64	10.75	20.4	64.0
W	W	65	11.25	20.8	65.2
X	X	66.5	11.75	21.1	66.4
Y	Y	67.5	12.25	21.6	67.7
Z	Z	69	12.75	21.9	68.9
Z+1	Z+1	70	13	22.3	70.0

Extra Tips for Accurate Measurement

- **Measure at the end of the day.** Your fingers are at their largest in the evening.
- **Don't measure when it's cold.** Your fingers shrink when your hands are cold, which can lead to an inaccurate, smaller measurement.
- **When in doubt, size up.** If your measurement falls between two sizes, it's always safer to choose the larger size.
- **Consider the band width.** A wider ring band may feel tighter than a thinner one. You might want to go up a half or full size for very wide bands.

Ethical Elegance - Helping You Find the Perfect Fit with Confidence